



Trail Blazer Survival School

1103 Jeter Cemetery Rd

Union, SC 29379

864.263.3850 trailblazersurvival.com

Recommended Clothing Items

***Bring clothing appropriate for expected and unexpected weather conditions.**

- 1 - Hat with brim
- 1 - Stocking cap or balaclava
- 1 - Shirt, lightweight cotton long-sleeve button down
- 1 - Sweater, medium—weight wool
- 1 - Jacket, medium –weight wool
- 1 - Long john top (no cotton)
- 1 - Long john bottom (no cotton)
- 1 - Pair shorts, light nylon (quick dry)
- 1 - Pair hiking pants
- 1 - Belt, adjustable
- 1 - Pair liner socks
- 1 - Pair socks, wool
- 1 - Pair hiking shoes or hiking sandals

Required Items

- 1 – Rucksack/Backpack, 50-70 liter recommended
- 1 - Military rain poncho or Tarp (min 6’x8’)
- 1 - Blanket, wool, twin size or military poncho liner
- 4 - Bandanas (preferably 100% cotton)
- 1 - 5'x 5' Piece of fabric, muslin, wool or a Shemagh
- 1 - Knife, Fixed blade (no folding knives or serrated edges)
- 1 - 550 Parachute cord, 50' minimum
- 1 – Roll, Tarred bank line, #36 preferred
- 1 – Roll jute twine
- 2 - Water bottles, 32 – 40 oz, Single wall stainless steel preferred
- 1 - Stainless steel or enamel cup, 18 - 24 oz (1 water bottle, 32 - 40 oz, should fit inside the cup)
- 3 - Trash bag, heavy duty (55gal Drum Liner)
- 1 - Emergency whistle
- 1 – Pair, work gloves, leather

MEALS

Students are responsible for all meals during the course. Time is provided to cook and eat three meals daily.

Optional Items

- Folding Saw
- Altoids type tin for char cloth
- Notebook or journal for notes
- Sleeping mat

Recommended Hygiene Items

- 1 - Personal medical kit with tweezers
- 1 - Soap, biodegradable, small bottle
- 1 – Sunscreen
- 1 - Insect repellent
- 1 - Dental floss
- 1 - Lip Balm
- 1 – Pair, spare eyeglasses (please no contacts)
- 1 - Sewing kit, small
- 2 - ziplock baggies, quart (for camera and lotions, etc)
- 1 – pack, babywipes
- Prescribed Medications

(Women Only)

- Feminine hygiene products of your preference
- 1 - Sports bra

*Students may also bring any hand-made primitive tools constructed outside of a TBSS course of approved by the Head Instructor.

We have many of the required items available for purchase on site. Please call ahead for availability.